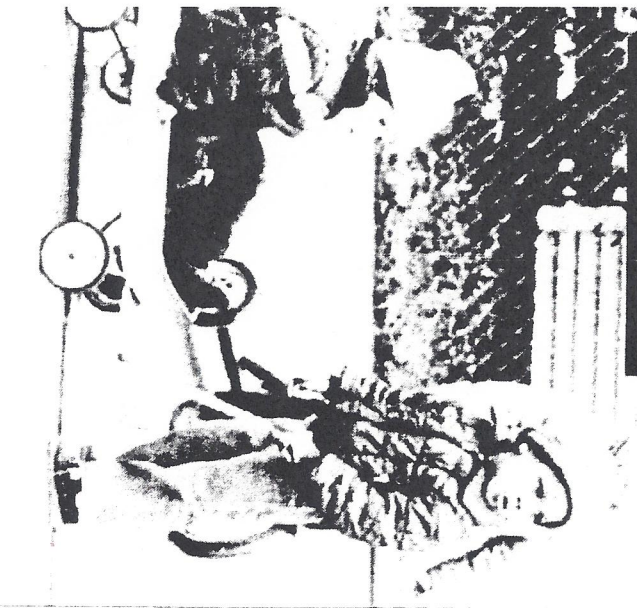


FAMILY CHILD CARE



HEALTH & SAFETY CHECKLIST

You should check for basic health and safety practices in the home. Your FCC provider, by state law and regulation, must do the following:

- Get a license from the local licensing agency.
- Provide care to no more than eight children, or fourteen children if the provider has an assistant.
- Provide care for only four (4) children under age 2.
- Make sure the home has heat in cold weather and is cool in hot weather.
- Keep detergents and cleaning products out of children's reach.
- Make sure swimming pools are fenced.
- Baby gates must block stairs in facilities when children less than five years old are in care.
- Store guns, other weapons, and poisons in locked areas.
- Have an emergency plan in case of fire or earthquake.
- Keep an emergency information card on every child in care.
- Keep a fire extinguisher and working smoke alarm in the FCC home.
- Provide a smoke free environment.
- Not use baby walkers, bouncers or similar items

WHAT SHOULD THE F. CHILD CARE HOME PROVIDER?

You should get answers to these questions before placing your child in the home:

- Is the home clean and safe?
- Are there enough toys and games?
- How will my child be disciplined? (Spanking, hitting, slapping, shaking and so forth are not permitted in licensed homes.)
- What meals will my child be given?
- How will the food I bring be stored and prepared?
- Is there enough room (indoor and outdoor) for my child to play?
- What activities are planned for my child?
- How will my child be cared for when he or she gets sick?
- How many other children will be in care?
- What ages are the other children?
- What are the sleeping/napping/rest arrangements?

DISCUSS THE FOLLOWING WITH THE PROVIDER:

- **Setting times** for arrival and pickup.
- **Bringing items** from home (*food, toys, change of diapers, change of clothes, toothbrush, infant furniture and so forth*).
- **Providing instructions** for giving medicines or special food.
- **Providing telephone numbers** for home, work, spouse's work, doctor and neighbor.
- **Providing a list of names** and telephone numbers of people who may pick up your child.

GOOD CHILD CARE INCLUDES THESE THINGS:

- A provider who provides warm and loving care and guidance for your child, and who works with you and your family to make sure your child grows and learns in the best way possible.
- A home that keeps your child safe, secure and healthy.
- Activities that help your child grow mentally, physically, socially and emotionally.
- Your involvement in your child's care.

Family Child Care (FCC) is provided by the home of a licensed provider for up to eight children with one adult or up to 14 children with one adult and one assistant provider. FCC homes provide a home like setting. Making sure that licensed FCC homes are providing safe care is the job of the licensing agency, the parents, and the provider.